



2020-2021

# CHRISTIAN SERVICE

## Saint Bonaventure Mission Statement

As a community of faith inspired by Christian values and celebrated in Catholic tradition, Saint Bonaventure High School fosters a shared dedication to living faith, engaging hearts, enlightening minds, achieving excellence, and transforming lives. We commit to the education of the whole person, entrusting to each student the values, knowledge, and wisdom to witness the call to serve and transform the world.

## Why We Do Service

As a Catholic Christian school we work to share Christ with the world around us and bring His love to those we encounter. An important part of that is organized Christian Service. Christian Service is "a work of justice pleasing to God." (CCC, 2462).

### Christian Service Contacts:

Ms. Zabaglo  
kzabaglo@sbhsvta.org

Mr. Palomares  
dpalomares@sbhsvta.org

3167 Telegraph Road, Ventura, CA 93003  
www.saintbonaventure.com

# FREQUENTLY ASKED QUESTIONS

## **What counts as Christian Service?**

- *Time spent helping in the community such as your church, a non-profit organization, or community projects which help spread the light of Christ to the world.*

## **How many hours must I complete each year?**

- *Students must complete a minimum of 15 hours each school year.*

## **Do all my service hours need to be completed with the same organization?**

- *No. You can complete your service requirement by volunteering with different organizations throughout the year. You will just need to keep track of each project.*

## **When is the deadline for completing hours?**

- *Hours need to be completed by May 7, 2021.*
- *\*\*Seniors are encouraged to submit their completed service hours by the end of January to be considered for the Archdiocese of Los Angeles Christian Service Award.*

## **If I do more than the required hours in one academic year, do the hours count towards next year's requirement?**

- *No. Student are encouraged to complete more than the minimum number of service hours each year. We do encourage students to continue to volunteer all year.*

## **Can I do community service over the summer?**

- *Yes, you can complete hours over the summer. Please verify your service projects with Ms. Zabaglo or Mr. Palomares ahead of time.*

## **How do I record my service hours?**

- *You can record your service hours through the SBHS Christian Service Google Form found on your class Google Classroom page.*

## **What DOES NOT count as service hours?**

- *Anything you get paid for.*
- *Your youth sport or activity does not count as service unless you are participating in a service project as a group.*
- *You cannot use hours earned from another program to count towards your SB service.*
- *Going to church.*
- *Projects for a class assignment.*
- *If you are unsure if something counts as service, please email Ms. Zabaglo or Mr. Palomares*

## **Where can I find service projects?**

- *You can find projects on our school website under Christian Service. You can also find an organization you would like to volunteer with as well. Check out our Service Directory for information on some organizations in the area! If you need help finding a service project please send Ms. Zabaglo or Mr. Palomares an email, we are glad to help!*

# VIRTUAL VOLUNTEERING IDEAS

- Bake cookies, brownies etc. for local elderly or homebound neighbors (leave on doorstep).
- Pick up groceries for elderly or homebound neighbors (leave on doorstep).
- Mow lawns of elderly/disabled neighbors.
- Write letters/cards: Contact a local nursing home and get the names of all the residents from a wing of their center - write them each a personal note of encouragement and support.
- Create hygiene kits and mail or drop them off at a homeless shelter.
- Organize a contactless food or supply drive in your neighborhood: Put flyers on the doors of your neighborhood announcing what you are collecting and why/where it will go. Let them know a date/time (about 4 days after the flyer is posted) that you will come around to collect donations. Have them leave the donations in front of their door. On that date/time go around and collect the donations then drop them off at the shelter/etc. you were collecting for.
- Write letters to troops through A Million Thanks, <https://amillionthanks.org/>
- Volunteer at Food Share Pop Up Pantries - Please visit <https://foodshare.com/volunteer/> for additional details.
- Contact a local elementary school that is also doing distance learning and see if you are able to offer virtual tutoring to any of their students. Or volunteer to read stories virtually to youth (family or friends).
- Cook and deliver meals to area shut ins - contact your local place of worship for names of those that are homebound and shut in. They will often be glad to coordinate a meal delivery with you for them!
- Make non-sew blankets, crochet blankets or sew masks for area hospitals. There are plenty of how-to do it videos online.
- Sew masks & collect supplies for homeless/poverty outreach program.
- Spread a little love, kindness and inspiration to our world. Create uplifting messages with chalk on neighborhood sidewalks.
- Make teddy bears for children in need. Knit or crochet teddy bears or stuff pre-sewn teddy bears to donate to hospitals, police stations, fire stations, or charity organizations.
- Collect & deliver new books and toys for sick children at Cottage Children's Medical Center, <https://www.cottagehealth.org/childrens/inpatient-services/certified-child-life-specialist/>
- Collect & deliver new toys to Children's Hospital of Los Angeles, <https://www.chla.org/donate-toys>

## VIRTUAL VOLUNTEERING IDEAS

- Sew emotional support blankets for Binky Patrol <https://binkypatrol.org/> or Project Linus <https://www.projectlinus.org/>.
- Crochet or knit Afghan squares that will help build blankets for both babies and adults. Send them to Warm Up America. <https://warmupamerica.org/>
- Write a card, letter or note once a week to someone undergoing chemotherapy. Apply at Chemo Angels <https://www.chemoangels.com/angel-pre-app>
- Raise money in a virtual world with The American Cancer Society and Second Life. <https://www.cancer.org/involved/volunteer/society-second-life.html>

*If you have any ideas for virtual volunteering, please let us know!*

## SERVICE ORGANIZATION DIRECTORY

Once in person volunteering resumes, please visit the following websites for additional community service opportunities.

- Our Lady of the Assumption Parish - <https://www.olaventura.com/>
- Sacred Heart Parish - <https://sacredheartventura.org/>
- St. Mary Magdalen Parish - <https://www.smmcam.org/>
- Padre Serra Parish - <https://www.padreserra.org/>
- Santa Clara Parish - <https://www.santaclaraparish.org/>
- St. Anthony's Parish - <https://www.stanthonyoxnard.org/>
- Channel Islands YMCA (Ventura & Camarillo) - <https://www.ciymca.org>
- Boys & Girls Club Ventura - <https://bgclubventura.org/>
- Boys & Girls Club Oxnard - <https://bgcop.org/>
- Foodshare Ventura County - <https://foodshare.com/>
- Ventura County Rescue Mission - <https://vcrescuemission.org/>