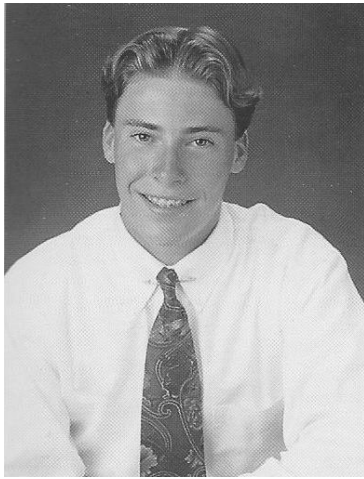


FRITZ KNOLL



*HALL OF FAME
CLASS
OF
2013*



Fritz achieved both in his academic and sports career during his four years at St. Bonaventure.

Fritz Knoll along with his running mates placed St. Bonaventure High School in the lime light for Cross Country in 1997 and 1998. It was the first time the school attained such recognition due to the leadership of the Coach Hackworth with the talents of Fritz Knoll, Adam Sepulveda, Mathew Torres and others. With regards to athletics, he was a three sport varsity athlete in Cross Country, Soccer and Track & Field.

Senior year ended with this Tri-Valley League champion placing 11th in the Ventura County championships, ninth in the Southern Section Division IV final and 15th in the state meet.

Although Fritz attained several awards during his time at St. Bonaventure, his greatest achievement was the friendships he made with his classmates and teammates. Which was exemplified by the T-shirts showing "Fritz is our Runner."

After graduating from St. Bonaventure, he continued to play soccer in intramural leagues at Syracuse University. He graduated with a B.A. in Architecture at Syracuse University in 2003.

Fritz continued his career in New York City working in architecture while doing so, he ventured to into the restaurant business where he became a sous chef in Manhattan.

In 2010, Fritz moved to Maine to explore options on his own. He now owns a restaurant in Blue Hill, ME appropriately named 66 Steak & Seafood - he always considered his life should be a journey just like the highway.

Fritz is being presented tonight by his Grandfather Chuck Quirk