

St. Bonaventure CIF-SS Champions      Track and Field

<u>Year</u>	<u>Division</u>	<u>Event</u>	<u>Athlete</u>
1993	IV	Triple Jump	Jim Lyon
1977	1-A	Shot Put	Chris Brock
2005	D4	Shot Put	Carlton Gillespie
2005	D4	Discus	Carlton Gillespie
1996	D4	Long Jump	Ryan McConnell
2001	D4	Long Jump	Lorenzo Booker
2008	D4	Long Jump	James Short
2004	D4	100m	Terrail Lambert
1975	2-A	200 yd	Mike Miller
1994	D4	400m	Chris Mendez
1975	2-A	300 yd Low Hurdles	Mike Miller
1979	1-A	Pole Vault	Andy Brock
2009	D4	Pole Vault	Brett Maddux
2016	D4	400 m	Chase Wells
1993	D4	400 m relay	
1994	D4	1600 m relay	
<u>Year</u>	<u>Division</u>	<u>Event</u>	<u>Athlete</u>
1978	1-A	High Jump	Liz Kern
2011	D4	Discus	Amber Panapa
2016	D4	100 m Hurdles	Lourdes Gilbert
2016	D4	300 m Hurdles	Lourdes Gilbert